

FEATURED NURSE



Cassandra Myles

Cassandra Myles is an Internationally Qualified Registered Nurse from the Philippines, who is now working at the largest ICU in the Southern Hemisphere as an Australian Registered Nurse. Let us get to know more about her and her success story and be inspired.



What year did you arrive in Australia?

It was very memorable because I arrived here in the middle of summer on New Year's Day, 1st of January 2011. And I asked myself "Why am I in this very hot country, I thought Australia is cold"

What is your current job/ position?

I am a **Clinical Nurse Specialist** in the largest ICU in the Southern Hemisphere – **Royal Prince Alfred Hospital** in Sydney Australia. During my CNS role,

I am a team leader working closely with the multidisciplinary team in the ICU, ensuring safe and quality care of patients and their families.

What was your first job in Australia?

I worked in a chicken shop for half a year and then worked as an Assistant in Nursing for 2 years.



What advice can you give to Internationally Qualified Registered Nurses who want to become an Australian Registered Nurse?

“By working hard and chasing for our dreams, and by having courage and strength and willingness to achieve these dreams, we can achieve anything we want in this lifetime.”



What is the best thing about your current job?

Workwise, nurses have the voice, *come to life sa book nga independent ang nursing profession* (what are written in books has come to life that nursing is an independent profession), empowered, our decision-making skills and clinical judgement are trusted by the doctors and the rest of the multidisciplinary team. Outside of work, in my personal experience, I am able to live a work life balance. Well compensated work, leisure is in the fingertips, self-care is valued in Australia hence, I can attend my self-care such as travelling, out with friends, skin care, shopping.